

ENJOY MOTHER NATURE'S FINEST! Celebrate Great Outdoors Month by visiting a Highland park – or maybe all 23. From the Erie-Lackawanna Trail to Main Square Park, the town's green spaces offer hiking, biking, picnic shelters, nature areas and so much more!

GAZEBOEXPRESS



YOUR COMMUNITY NEWS AND EVENT SOURCE FOR THE TOWN OF HIGHLAND • JUNE 2018

QUICK RESPONSE SAVES MAN'S LIFE

Everything was fine in Mark Sharp's life – until it wasn't.

Sharp and his family are forever grateful that when things went tragically wrong, lifesavers at Lincoln Community Center were there to lend a hand.

"I was doing intervals and felt fine – overweight but really okay," said the father of two sons. "I stopped to catch my breath. I don't remember anything after that."

While Fitness Attendant Jake Steele pulled Sharp into a rescue position, Fitness Trainer Aziza Gil heard the commotion and came running in with student Ron Cruse.

"We weren't even supposed to be meeting that night," said Gil, who is CPR and AED certified. "When I got there, Mark didn't have a heartbeat. We started compressions and it wasn't but a moment until Recreation Director Dave Byers ran in with a defibrillator."



Dave Byers, Aziza Gil, Mark Sharp, Jake Steele and Ron Cruse.

Two electrical shocks later and Sharp's heart was beating again.

Balloon angioplasty and a stent to clear an occluded artery has Sharp back up and exercising again – in cardiac rehab.

"We can never adequately thank the folks at Lincoln Center for all they did," he said. "They saved my life."

WHEN MINUTES MATTER ...



Lincoln Community Center is equipped with automatic external defibrillators because they save lives. More than 30,000 people have survived thanks to wall-mounted AEDs available in fitness centers, malls and the workplace.

HIGHLAND POLICE INCREASE PATROLS THROUGH SUMMER FESTIVAL SEASON

Highland police are responding to a shooting at a downtown bar with increased patrols and walkthroughs of businesses that stay open late.

Public Information Officer John Banasiak said the move coincides with summer safety measures that have been in place for years. "While it is unfortunate this incident occurred, we want our residents and visitors to know safety is our priority," he said.

In addition to downtown initiatives, police have increased patrols in and around parks and neighborhoods. It's all about keeping a watchful eye when more people are out and about.

"Special patrols utilize officers over and above normal staffing," Banasiak said. "This initiative adds an extra measure of safety for our residents and visitors. We want to help everyone stay safe this summer." 🐦

SEE SOMETHING. SAY SOMETHING.

Stay safe this summer by being aware of your surroundings and taking some simple precautions.

- ✓ Keep your keys ready
- ✓ Walk with confidence
- ✓ Trust your gut
- ✓ If something doesn't look right, call 911.

ROCKOPELLI MUSIC FEST

Join us for this free annual festival benefitting Planting Possibilities, Emma's Footprints and Murph's Gift of Music.

WHEN: 2-10 p.m. Saturday, **JULY 7**

WHERE: Main Square Park

INFO: If you want to get involved as a vendor or would like to make a donation to the silent auction, email Pam Ratajack at pratajack@rockopellifest.org or visit rockopellifest.org

OLG RUMMAGE SALE

Hunt for gently-used gems at the summer rummage sale, hosted by the Our Lady of Grace Altar & Rosary Sodality. Clothes are \$3 a bag on Wednesday!

WHEN: 9 a.m.-5 p.m. **JUNE 19** and 9 a.m.-noon **JUNE 20**

WHERE: OLG school cafeteria - north entrance, 3025 Highway

INFO: (219) 838-0395



WARD 1

BERNIE ZEMEN - v. president
bzemen@comcast.net
(219) 781-1056



WARD 2

MARK HERAK - president
mherak@highland.in.gov
(219) 838-0126



WARD 3

DAN VASSAR
dvassar@highland.in.gov
(219) 924-1945



WARD 4

STEVEN WAGNER
swagner@highland.in.gov
(219) 718-3199



WARD 5

KONNIE KUIPER
kkuiper@highland.in.gov
(219) 924-7820

NEWS TIP? STORY IDEA?

Send your suggestions to:
gazeboexpress@theideafactory.us.com

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HIGHLAND PUBLIC WORKS ASKS RESIDENTS TO HELP KEEP DRAIN BASINS FREE OF DEBRIS

With a bumper crop of Maple whirlybirds flying off the trees, as well as other tree seeds and lawn clippings, Highland Public Works is asking citizens to help keep the town's 77 miles of underground sewers free of debris.

Operations Director Mark Knesek said the department does its best to keep rain water receptors cleared, but it's a challenge.

"We literally have thousands of catch basins," Knesek said. "Keeping them cleared of dried grass clippings and yard waste is a challenge.

"Increasingly, we have issues with residents flushing items into the sanitary sewer or disposing liquids into the storm sewers, which cause blockages that make their way through the system to the town's 11 pump stations."

Blockages are not only costly, they can cause back-ups throughout the system.

"Depending where the blockage is located, the property owner may have to bear the cost of clearing their line," he said. "Blockages that cause overflows impact the environment, too."

INFO: If you are experiencing a sewer back up, please call (219) 972-5083. After hours, call (219) 838-3184. Staff are on call 24/7.



THE DON'TS OF DISPOSAL

Keeping sewers flowing saves money and prevents costly damage. The following are all no-nos when it comes to disposal:

- ✓ No fats, oils or grease down the sink — they become solid when cooled and gum up the sanitary system.
- ✓ No food scraps in any sink or sewer, including coffee grounds and egg shells
- ✓ Never use the toilet as a garbage can or wastebasket
- ✓ Never flush razor blades, medications, cigarette butts, shop towels, diapers, female hygiene products, bandages, cotton tip stems or syringes.

All of these items can do serious damage to a sewer system. Please dispose of them in the garbage or proper location.

TOWN HITS MUTE BUTTON ON TWILIGHT SIRENS

A debate over sirens vs. no sirens at the Twilight Parade has been answered — at least for 2018.

The Highland Town Council is placing a moratorium on sirens during this year's parade.

Town Councilman Bernie Zemen said he hasn't heard any complaints. "People I've heard from are thanking us," Zemen said. "We're trying it out this year to see how it goes."

Councilman Dan Vassar said the decision was prompted following a series of discussions after many residents reached out with requests to tone down the sirens.

"People love having fire trucks and ambulances in the parade; they just don't all love the sirens," Vassar said. "This year's parade will give everyone the opportunity to enjoy the entertainment. See you there!"

THE HIGH COST OF NOISE

Did you know loud noises — such as sirens that register just below firecrackers on sound charts — can damage hair cells in our inner ears?

Hair cells convert sound waves into electrical energy. Once damaged, the cells cannot be replaced.

The louder the sound — the less time it takes to cause harm. Exposure to loud noise also can cause tinnitus, a continuous ringing in the ears.

Recommendation: Ear protection for adults — and children — whenever you are going to be around loud noises.

FESTIVAL INFO: Turn to the back page for complete Fourth of July Festival events.



AUGUST 11 • 1-6 PM • MAIN SQUARE PARK

NEW FESTIVAL CELEBRATES ONE LAST HURRAH BEFORE SCHOOL STARTS ...

The sultriest days of summer will be the setting for Highland's newest downtown festival.

Hosted by Highland Main Street, the festival is aptly named - Last Call for Summer - because it coincides with the last Saturday before the beginning of school.

No reruns here, the Main Square stage will feature local bands playing original songs, food provided by Highland restaurateurs and a beer garden, which will be tended by 95ate5 Brew Pub.

"We are looking to make this a great event," said Lance Ryskamp, Highland Redevelopment Commission Assistant. "Featuring local talent and local food sets this event apart. We are looking to make this a true hometown fest."

If you are a vendor or local music group looking to participate, contact Ryskamp at (219) 972-7598 or email at lryskamp@highland.in.gov.

HIGHLAND MAIN STREET FOSTERING THE ARTS ...

Great news! A new and improved Festival of the Trail is scheduled for October 13 along Jewett Street between Kennedy Avenue and Fourth Street.

The revamped festival will feature only artists – painters, photographers, ceramicists, potters, printmakers, sculptors, writers, musicians and other artisans.

Artists are invited to secure booth space for \$35. Applications are available through the Highland Redevelopment Commission. Please contact Lance Ryskamp at (219) 972-7598 or via email at lryskamp@highland.in.gov.



HIGHLAND SCHOLARS

Congratulations to Highland High's Andrew Vassar (left) and Bishop Noll's Christopher Gordon, who were each awarded a \$500 scholarship for academic achievement and involvement in the church and community. This is the 15th year that the St. James Our Lady of Guadalupe Society has awarded the scholarship in honor of the late Rev. Francis Lazar.

NEW POET LAUREATE

Congratulations to Alaina Polen, who has been selected as the town's newest Poet Laureate. Polen succeeds retiring Poet Laureate Janine Harrison. The Indiana University Northwest Junior will serve a two-year term.

The Poet Laureate serves as an ambassador of the community's vibrant artistic and literary life. Polen wants to draw attention to poetry in Highland and Northwest Indiana through events, such as readings and slam contests. Passionate about poetry, Polen is an advocate for the art form.

NEW POLICE OFFICER



Please welcome Officer James Mullins III as Highland Police Department's newest hire. Mullins, 25, is a Purdue Northwest graduate as

well as a police academy stand-out — elected class president and squad leader, as well as being the recipient of the academy's Criminal Justice Award and placing second in firearms qualifications. Mullins has already begun 16 weeks of field training in Highland.

LOCAL RESTAURANTS • LIVE ENTERTAINMENT • BEER GARDEN

Happy Fourth of July

ATTEND THE FESTIVAL

The festival kicks off at Main Square Park. Look around town for \$2 coupons.

FRI JUNE 29	5-11 PM
5:30 PM	Shuddup & Drive
7:30 PM	Nomad Planets w/Jef Saver
9:30 PM	Soundz of Santana

SAT JUNE 30	1-11 PM
WRISTBANDS:	\$25 from 1-5 PM

1 PM	Adam Gawlikowski
1 PM	Humane Society Adopt-A-Thon
2:30 PM	Stop, Drop, Rewind
4:15 PM	Good Time Cloggers
5:30 PM	Rocken Horse
7:30 PM	Jim Peterik & the Storm Chasers
9:30 PM	Got Issues

SUN JULY 1	1-10 PM
WRISTBANDS:	\$25 from 1-5 PM
1 PM	Kids concert & characters
2:15 PM	Magician Jerry Herzog
3:15 PM	Pawnz
4:45 PM	Police K-9 demo
5:30 PM	Dave Rudolf
7:30 PM	Mr. Funnyman

MON JULY 2	5-10 PM
WRISTBANDS:	\$25 from 5-10 PM
5 PM	Gerry Hundt Trio
7 PM	High Performance Say Yes

TUE JULY 3	5-11 PM
WRISTBANDS:	\$25 from 5-11 PM
5 PM	The Hot Rod Heathens
9 PM	M&R Rush

WED JULY 4	1-9 PM
LAST BLAST:	\$20 from 1-5 PM
1:30 PM	Radio Memories
2:15 PM	Jerica Paliga Band
4:30 PM	Capernaum
6 - 9 PM	Joseph "Mojo" Morganfield

RUN THE MILE

The 35th annual All-American Mile Run kicks off the Twilight Independence Day Parade. All participants receive a T-shirt. Entry forms are available at Lincoln Center. Register race day from 5 to 6:15 p.m. on Kennedy Avenue by the high school. Open to all age groups, the race begins at **6:30 p.m. Tuesday, July 3** at 40th Street and Kennedy Avenue. The fee is \$10 through July 1 and \$15 on race day.

TOP PRIZES: Awards for Top 3 in each age division. Males with the fastest sub 4-min mile and females with the fastest sub 5-min mile win a \$250 prize.

INFO: (219) 838-0114 or highlandparks.org

WATCH THE PARADE

This year's Twilight Parade begins at **6:30 p.m. July 3** at St. James the Less Catholic Church (45th and Kennedy), continues north on Kennedy to Highway Avenue and east along Highway to the park. A kiddie parade begins at **12:45 p.m. July 1** in the parking lot across from Traditions.



ENJOY THE FIREWORKS

Grab a blanket or your favorite lawn chair and join us for Highland's fireworks display at **9 p.m. July 4** at Sharp Complex.

KNOW THE RULES

Fireworks are allowed between 5 p.m. and two hours after sunset June 29 through July 9. The exception is July 4 between 10 a.m. and midnight. "Fireworks can be dangerous," Police Chief Pete Hojnicky said. "Take every precaution to stay safe."

MIDWEEK MUSIC & MARKET

Shop local businesses at the midweek market from 4 to 8 p.m. and grab a comfy lawn chair for the acoustical entertainment from 5 to 6:15 p.m. and the summer concert series from 6:30 to 8 p.m. Beer garden will be available June 13, 20, and July 11. Here's the lineup:

- JUNE 6:** Tom Lounges' Annual Invitational Birthday Jam with Host Marty Carr of Shuddup & Drive and guests
- JUNE 13:** Bill Hayden
The Uptown Dance Band - *Motown*
- JUNE 20:** Robert Rolfe Feddersen
Oscar & The Majestics - *garage rock*
- JULY 11:** Justin King
Liz Mandeville & The Blue Points - *blues*
- JULY 18:** Adam Galikowski
IPB Polka Band

WHERE: Main Square Park Gazebo

NOTE: In the event of inclement weather, concerts will be held in the Lincoln Center Fieldhouse. Please bring your own chair.

INFO: (219) 838-0114 or highlandparks.org

MOVIES IN THE PARK

Join us for an evening in the park to watch "Despicable Me 3" on the big screen. The concession stand will sell popcorn and fountain drinks. Bring a blanket or comfortable lawn chair. If it rains, movie will be held at Lincoln Center.

WHEN: Dusk Friday, **JUNE 8**

WHERE: Main Square Park

INFO: (219) 838-0114 or highlandparks.org

KIDS YOGA CAMP

Little yogis - ages 5-14 - will learn simple breathing techniques, yoga games, partner poses, songs/chants, crafts and relaxation. Please bring a towel, blanket or yoga mat.

WHEN: 9:30 a.m. to noon Monday through Friday, **JUNE 25-29**

WHERE: Lincoln Community Center.

FEE: \$70 residents / \$77 nonresidents

DROP-IN TRIAL: \$18 residents / \$20 nonresidents

INFO: (219) 838-0114 or highlandparks.org

RED HOT TENNIS CAMP

Learn proper tennis techniques from instructors Steve and Ofelia. Steve is a longtime USPTR tennis pro at Match Point and former head coach at Calumet College. Ofelia is a USPTR tennis pro at Match Point, assistant girls tennis coach at Highland High and former assistant coach at Calumet College. Camp is open to boys and girls 5 to 18 years old. Dress comfortably and bring your own racquet.

SESSION 1: Monday - Thursday, **JUNE 11 - 29**

SESSION 2: Monday - Thursday, **JULY 9-27**

WHEN: 8 to 9:30 a.m. or 9:30 to 11 a.m.

WHERE: Highland High School tennis courts

FEE: \$140/\$150 per 3 week session; \$95/\$105 per 2 week session; \$50/\$55 for 1 week.

INFO: (219) 838-0114 or highlandparks.org